

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Remember to Walk Today 1 9:00 Exercise Weights & Bands - AR 10:00 Craft with Linda -CK 11:30 Big Board -Pub 1:30 Resident Card Game -CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR National Coffee Day	Remember to Walk Today 2 9:00 Exercise Weights & Bands - AR 10:15 Pamper Your Nails - Spa 11:30 Big Board - Pub 1:45 Library & Errands - Main Lobby 2:00 Resident Card Game - CK 4:00 Social Hour w/ Amy -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 3 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game- CK 1:30 Resident Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Social Hour with Amy- Pub 6:15 Netflix or DVD in the MR
Remember to Walk Today 4 9:00 Coffee & Sunday Papers - CK 10:00 Residents Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the MR	Remember to Walk Today 5 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Resident Card Games- CK 4:00 Trivia Time w/ Amy & Tara - Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 6 9:00 Exercise Weights & Bands - AR 10:15 Floor Scrabble - AR 11:30 Big Board - Pub 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 7 9:00 Exercise Weights & Bands - AR 10:00 Vermont Country Store - Main Lobby 11:30 Big Board - Pub 1:15 Online Crossword Puzzle - MR 2:00 Leaf Peeping Ride - Main Lobby 3:00 Resident Card Game -CK 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR 6:30 Resident Get Together Play Cards/ Game Time - CK	Remember to Walk Today 8 9:00 Exercise Weights & Bands -AR 10:00 Old Time sing-a-long -LR 10:15 Coffee & Carpentry Men's Group- AR 11:30 Big Board -Pub 1:45 Matinee: Netflix or DVD in MR 2:00 Music Exercise - AR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 9 9:00 Exercise Weights & Bands - AR 10:15 Pamper Your Nails - Spa 11:00 Charlie Bird in -MR 11:30 Big Board - Pub 1:45 Library & Errands - Main Lobby 2:00 Resident Card Game - CK 2:00 Armchair Travel Germany - AR 4:00 Social Hour w/ Amy -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 10 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 3:00 M1 Music with Diane Ammon 3:40 M2 Music with Diane Ammon 4:00 Michael Wakefield & Cathy - Pub 6:15 Netflix or DVD in the MR
Remember to Walk Today 11 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the MR Happy Birthday Bernie!	Remember to Walk Today 12 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Big Board Scrabble - SR 4:00 Trivia Time w/ Amy& Tara -Pub 6:15 Netflix or DVD in the MR Columbus Day (U.S.)	Remember to Walk Today 13 9:00 Exercise Weights & Bands - AR 10:00 Lunch Bunch - CK 11:30 Big Board - Pub 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 14 9:00 Exercise Weights & Bands - AR 10:00 Skip Bo Card Game -CK 11:00 Scarecrow Races-Hall Dining room 1:15 Free Rice Game - MR 1:30 HOT Chocolate Chip cookies -Pub 2:00 Scenic Ride - Main Lobby 3:00 Resident Card Game -CK 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR National Dessert Day	Remember to Walk Today 15 9:00 Exercise Weights & Bands - AR 10:15 Listen & Lunch Music- AR 1:30 UNO Card Game - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 16 9:00 Exercise Weights & Bands - AR 10:15 Pamper Your Nails - AR 11:00 Stuffing Scarecrows -AR 11:30 Big Board - Pub 1:45 Library & Errands - Main Lobby 2:00 Resident Card Game - CK 2:00 Big Screen Movie - AR 4:00 Social Hour w/ Amy -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 17 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Social Hour with Tara - Pub 6:15 Netflix or DVD in the MR
Remember to Walk Today 18 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 3:00 M1 Music with Diane Ammon 3:40 M2 Music with Diane Ammon 6:15 Netflix or DVD in the -MR	Remember to Walk Today 19 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Summerhill Group Sing-a-long- LR 4:00 Trivia Time w/ Amy & Tara -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 20 9:00 Music Exercise - Pub 10:00 Flu Clinic -AR 11:00 Resident Skip Bo Card Game -CK 11:30 Big Board -Pub 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 21 9:00 Exercise Weights & Bands - AR 10:00 Allison's Orchard/ Bag Lunch- Main Lobby 11:30 Big Board - Pub 1:15 Free Rice Game - MR 2:00 Scenic Ride - Main Lobby 3:00 Resident Card Game -CK 4:00 Trivia Rob- Pub 4:15 Trick or Treaters 6:15 Netflix or DVD in the MR	Remember to Walk Today 22 9:00 Exercise Weights & Bands - AR 10:15 Air dry clay sculptures, leaf trays with Linda & Diane-CK 10:15 Coffee & Carpentry Men's Group -AR 11:30 Big Board - Pub 1:30 Skip Bo Card Game - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 23 9:00 Exercise Weights & Bands - AR 10:15 Pamper Your Nails - Spa 11:00 Charlie Bird in -MR 11:30 Big Board - Pub 1:45. Library & Errands - Main Lobby 2:00 Resident Card Game - CK 2:00 Scary Big Screen Movie - AR 4:00 Social Hour w/ Amy -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 24 9:30 Exercise Weights & Bands - AR 10:30 Resident Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Michael Wakefield & Cathy - Pub 6:15 Netflix or DVD in the MR
Remember to Walk Today 25 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the- MR	Remember to Walk Today 26 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Decorate Pumpkins - CK 4:00 Trivia Time w/ Amy & Tara -Pub 6:15 Netflix or DVD in the MR National Pumpkin Day	Remember to Walk Today 27 9:00 Exercise Weights & Bands - AR 10:00 Yhatzee - CK 11:30 Big Board - Pub 1:30 Resident Card Game -CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Black Cat Day	Remember to Walk Today 28 9:00 Exercise Weights & Bands - AR 10:15 Bingo with Prizes!! -AR 11:30 Big Board - Pub 2:00 Scenic Ride - Main Lobby 3:00 Resident Card Game -CK 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Chocolate Day	Remember to Walk Today 29 9:00 Exercise Weights & Bands - AR 10:15 Paint leaf trays with Linda -CK 10:15 Coffee & Carpentry Men's Group AR 11:30 Big Board - Pub 1:30 Resident Uno Card Game - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 30 9:00 Exercise Weights & Bands - AR 10:15 Pamper Your Nails - Spa 11:00 Resident Costume Parade- Pub 2:00 Witches & Warlocks Mingle - AR 1:45 Library & Errands - Main Lobby 4:00 Scary Story w/ Amy -Pub 6:15 Netflix or DVD in the MR	Remember to Walk Today 31 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Social Hour - Pub 6:15 Netflix or DVD in the MR Halloween